

## ORDER FORM

Please send the following  
**CONNECTIONS curriculum package:**

\_\_\_\_\_ COMPLETE (5 Volumes) \$ 795  
 \_\_\_\_\_ BASIC PLUS (4 Volumes) \$ 595  
 \_\_\_\_\_ BASIC ( 2 Volumes) \$ 395  
 \_\_\_\_\_ COMPETENCY (1 Volume) \$ 250

Facility Name \_\_\_\_\_

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Payment by check enclosed. Check# \_\_\_\_\_  
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Charge to this credit card:

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Billing address for credit card \_\_\_\_\_

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Detach and Mail to:

Shangri-La Corporation  
 4080 Reed Rd. SE, Suite 150  
 Salem, Oregon 97302

The CONNECTIONS curriculum includes:

- Facilitator Instruction Guides
- 4 Workbook Package Options

Choose from these 4 Packages:

### COMPLETE

5 Volumes

Understanding Criminality  
 Understanding Yourself & Others 1, 2, & 3  
 Understanding the Trouble You're In  
**\$795**

### BASIC PLUS

4 Volumes

Understanding Criminality  
 Understanding Yourself & Others 1, 2, & 3  
**\$595**

### BASIC

2 Volumes

Understanding Criminality  
 Understanding Yourself & Others 1  
**\$395**

### COMPETENCY

1 Volume

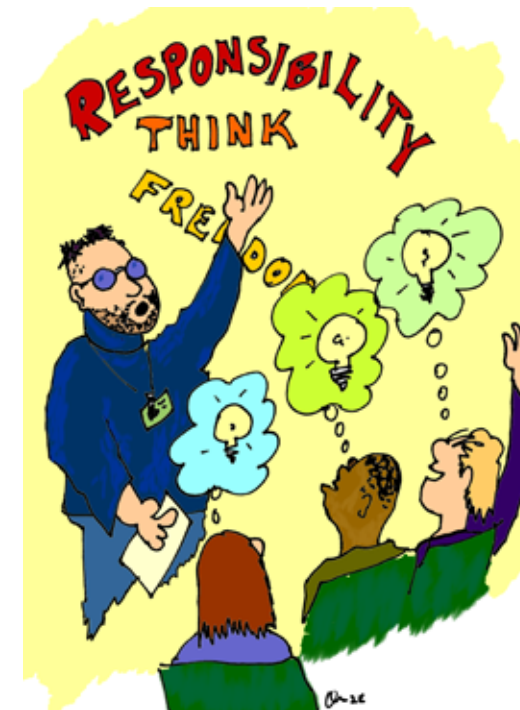
Understanding the Trouble You're In  
**\$250**

Each package comes with:  
**FACILITATOR GUIDES**

- A Day-by-Day Lesson Planner
- Workbook Volumes on CD-ROM, with permission for unlimited printing

**CONNECTIONS**

Innovative  
 Training Solutions  
 for Learners  
 with Special Needs



Are you  
 in compliance  
 with current  
 A.D.A.  
 requirements?



Act Now! Get started with one call:  
 503-373-1464

**CONNECTIONS**  
 AT OREGON STATE  
 CORRECTIONAL INSTITUTION

3405 Deer Park Dr. SE  
 Salem, Oregon 97310

503-373-1464

A Subsidiary of Shangri-La Corporation

Karen.H.Rutledge@doc.state.or.us  
 www.theconnectionsprogram.com

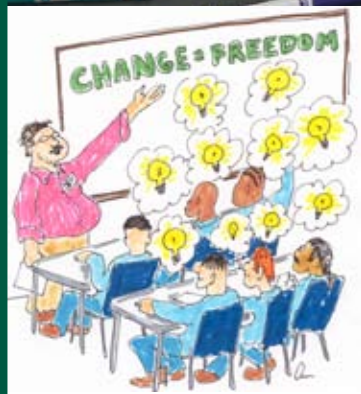
**CONNECTIONS**

A Nationally  
 Recognized  
 Program

In 1996, the Connections Program held its first class at Oregon State Correctional Institution.

Since then, professionals in mental health, corrections, and MR/DD have refined components for seamless integration at any location where special needs education is required.

Participants gain awareness of real-world issues, and learn about personal choices that may lead to involvement with the criminal justice system.



### Educational Materials

Bold, entertaining, and at times humorous, the curriculum materials utilize a variety of presentation formats. Proprietary comic-style illustrations and easy-to-understand language convey important concepts on many topics.

**The Connections Program achieves higher cognitive assimilation than conventional approaches.**

*"This program is great! I learned a lot about my criminal thinking and how to get along better with people."*

*-Eddie, a program graduate*

*"Incredible. This product manages to impart surprisingly sophisticated cognitive concepts in an unusual format that is often fun for clients."*

*-Patricia Parezo, MA, LPC*

*"This program has a direct impact on the operation of our institution. Without (it) inmates who have special needs would not be provided the skills they need to become a productive part of the institutional population."*

*-Mitch Morrow, Deputy Director, Oregon Department of Corrections*

### Training & Staff Development

Trained instructors integrate comic-style workbooks, interactive sessions, videos, and individual assignments to engage learners. Staff training is available as an additional cost from purchase of the curriculum. Please inquire.



## Curriculum Workbook Topics

### Understanding Criminality

Change Your Thinking, Change Your Behavior; Criminality – What it is and What it is not; Thinking Errors; Tactics; Intervention Concepts and Practice

### Understanding Yourself & Others #1

**Thinking:** The Thinking Recipe; Worldview; Think Your Future; Speak Your Future; Act Your Future

**Anger:** Everyone Gets Angry; Signs of Anger; Taking Responsibility for Your Own Anger; Expressing Your Anger the Right Way

**Brand New You:** Live Your Future; Look at You; A Whole New Look

### Understanding Yourself & Others #2

**Relationships:** What is a "Relationship?"; The Big Three (Communication, Compromise, and Commitment); Boundaries; The Other Three (Types of Relationships); Family Relationships; The Cycle of Violence; Moving On

**Communication:** Listening; Assertive Communication; "No" means "No"; Resolving Conflict

### Understanding Yourself & Others #3

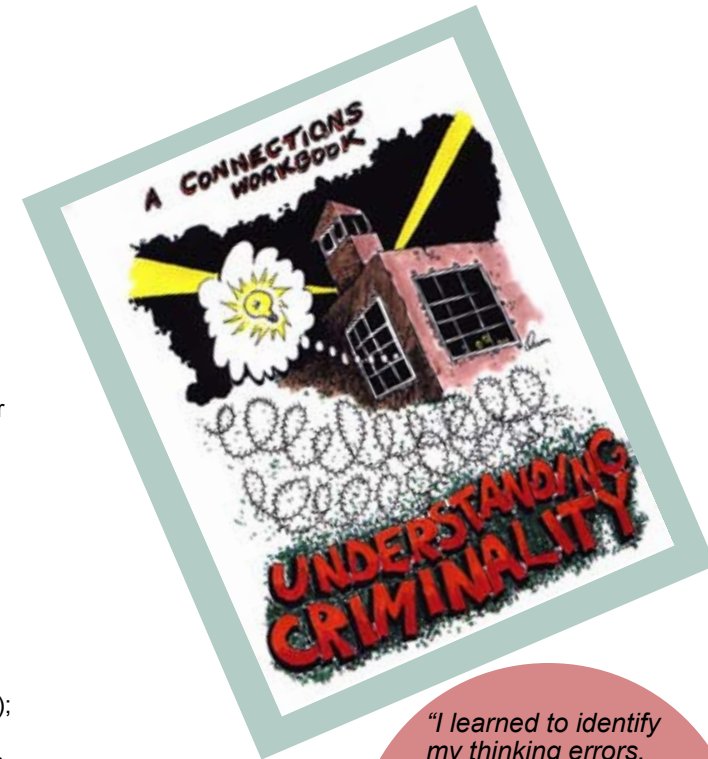
**Health/ Keeping It Together:** Three Key Words; Reducing Your Risks; Symptoms That Say You are Sick; Recognizing Common Health Problems; Sexually Transmitted Infections; HIV & AIDS

**Mental Health/Keeping It Together:** The Body-Brain Connection; Stress; Mental Health Facts and Myths; Anxiety Disorders; Mood Disorders; Schizophrenia; Getting Help

**Addictions:** Addiction: What is it?; The Three Levels; Substances of Addiction; Other "Substance" addictions; Behavioural Addictions; The Addictive Personality; Getting Past Addiction

### Understanding the Trouble You're In

The Criminal Justice System; Police, Courts and Corrections; Staying Out of Trouble



*"I learned to identify my thinking errors, communicate better, and use my new skills to make better choices."*

*- Jenny A Program graduate*

*"The Connections curriculum is very thorough, and presented in a format geared toward individuals with cognitive disabilities or mental health issues. Our facility focuses on the court room competency section and this program is proving effective for individuals who have comprehensive challenges. We are seeing good results preparing people for competency hearings and understanding the criminal justice system."*

*- Robert Barton, Vocational Education Director, Sierra Vista Rehabilitation Center, California*

