

CONNECTIONS

The Connections program is a psycho-educational cognitive change program for offenders with intellectual disabilities or other barriers to learning.

The materials are adapted to special-need learners. The non-traditional approach includes:

- Presenting information in multiple modalities (visually, auditory, and interactive)
- Reading and writing is not required
- Making learning entertaining and fun

The program can be adapted for use in a variety of learning environments. It has been successfully delivered in:

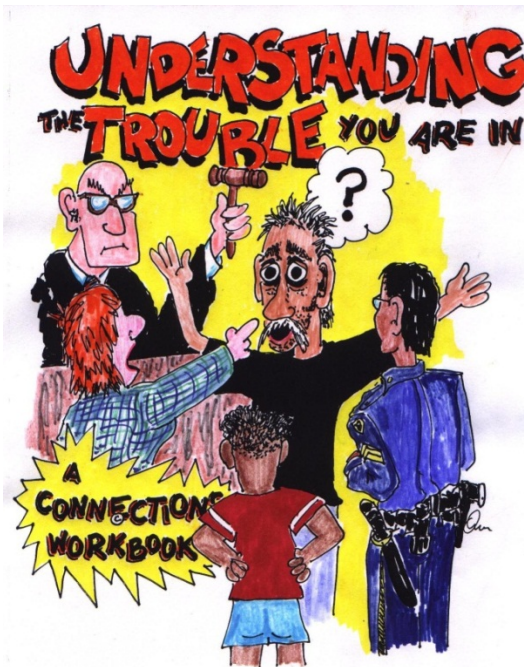
- Institutional Settings: prisons, treatment facilities
- Community Settings: group homes, independent living
- Individual, small group (3-5) and large group (12-18) settings

Research shows that programs like Connections work because:

- It addresses criminogenic risk factors (those associated with criminal behavior)
- Program delivery is in a manner consistent with learning needs of the individual
- Practical life skills and cognitive skills are taught congruent with the participant's psychosocial development level
- Emphasis on identifying and modifying participant's cognitive distortions and criminal lifestyle patterns (thinking errors and tactics)

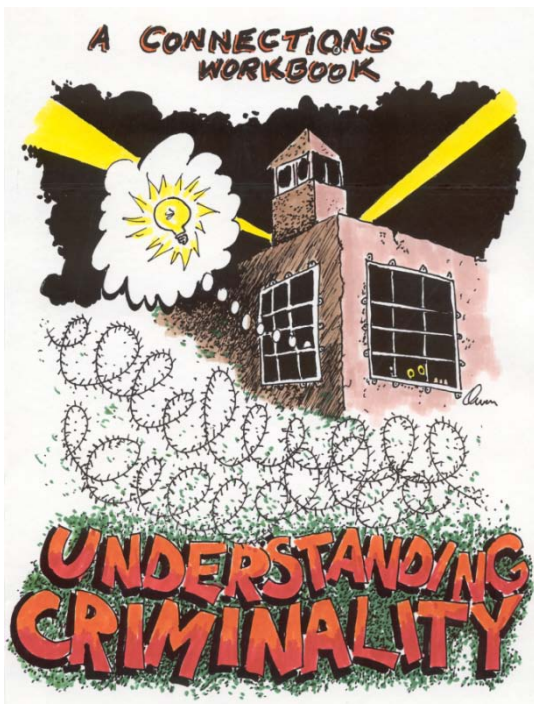
The core program consists of workbooks covering the following subjects:

UNDERSTANDING THE TROUBLE YOU ARE IN



This workbook provides students with information on the three phases of the criminal justice system: Police, Courts and Corrections. Ways to avoid future problems are also identified.

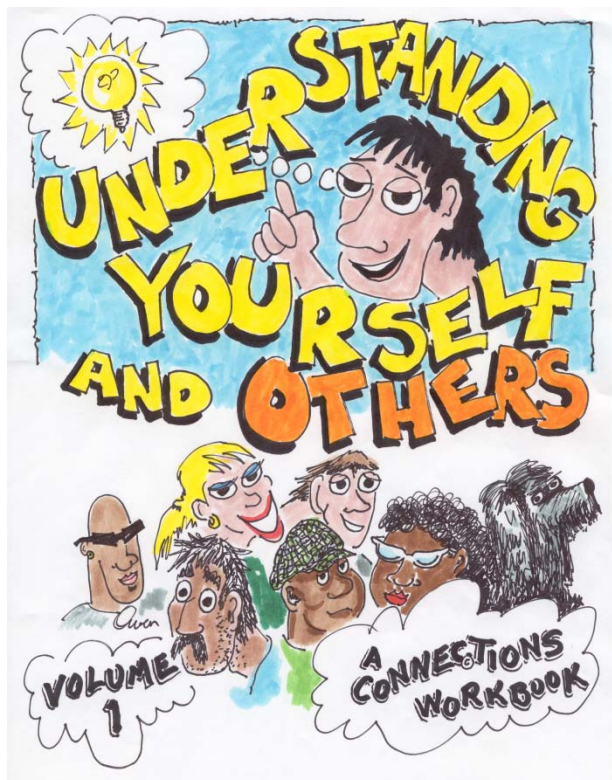
UNDERSTANDING CRIMINALITY



This workbook provides students with information to help them understand the habits of a criminal lifestyle. Students will:

- * Learn and see specific examples of thinking errors and their consequences.
- * Look at choices they have made and tricks used to avoid responsibility.
- * Learn new ways to put an end to criminal thinking and then make better choices

UNDERSTANDING YOURSELF AND OTHERS VOLUME 1



This workbook is designed to help students look at who they are and what their life has become.

Information is presented on the connection between thoughts and actions, and how those actions affect their life and the people around them.

After self-reflection, students can decide if change is needed in their life, and can choose to use learned skills to make a plan for change.

This workbook covers the subjects of:

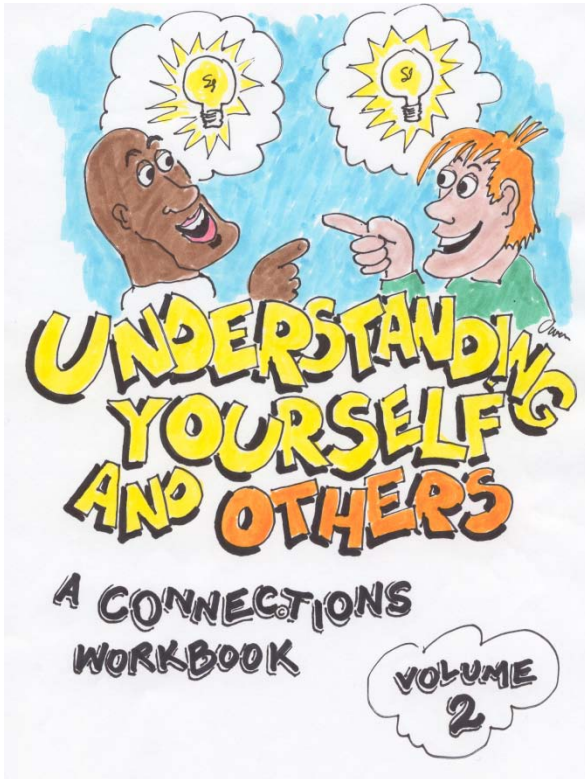
*** THINKING**

*** ANGER**

*** NEW YOU**



UNDERSTANDING YOURSELF AND OTHERS VOLUME 2



This workbook aims to teach students about relationships and why they are important.

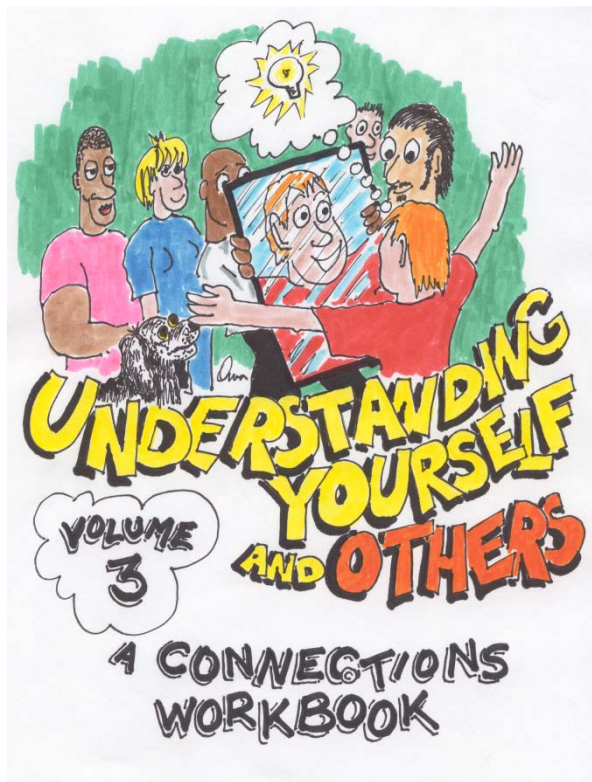
Students are given tools that can be used to build and maintain healthy relationships such as listening, assertive communication and conflict resolution.

This volume covers the subjects of:

- * RELATIONSHIPS
- * COMMUNICATION



UNDERSTANDING YOURSELF AND OTHERS VOLUME 3



This workbook helps students identify when something is wrong, what is wrong, and what they can do about it. Information is provided about physical and mental self-care.

The workbook includes information about various illnesses and diseases. Students are shown that there are things that they can do, and choices they can make, to help stay healthy.

This volume covers the subjects of:

- * HEALTH
- * MENTAL HEALTH
- * ADDICTIONS





Price List

Package	Descriptions	Price
Competency Only	Understanding the Trouble You Are In <i>Includes one copy of Facilitator Guides and a cd-rom of workbooks (unlimited duplication privileges)</i>	\$ 200
Basic Updated for 2011	Understanding Criminality + Understanding Yourself and Others/Volume 1 <i>Includes one copy of Facilitator Guide and a cd-rom of workbooks and activity sheets (unlimited duplication privileges)</i>	\$ 500
Complete Updated for 2011	Understanding Criminality and Understanding Yourself and Others/Volumes 1-3 <i>Includes one copy of Facilitator Guide and a cd-rom of workbooks and activity sheets (unlimited duplication privileges)</i>	\$ 1,000
Game Kit New!!	<u>Includes:</u> Table game board and game cards for three program subjects and Bingo Games for three program subjects	\$100

For more information call: 503-581-1732, ext. 321 or e-mail Karen Rutledge at krutledge@shangrilacorp.org.